

# Center School Activities

## New~ Backyard Sports

We'll turn the Center School Gym into a big backyard where children in grades K and 1 can play. What will we decide to play? Perhaps a game of soccer or whiffle ball, SPUD or tag, or one of the many other games that will be introduced. Please wear sneakers and bring a snack and a drink each week.

### **Session 1: Monday, 3:30 – 4:30 p.m.**

Dates: 10/20 – 12/8 (8 wks)

### **Session 2: Thursday, 3:30 – 4:30 p.m.**

Dates: 10/16 – 12/18 (8 wks) – no class 11/27, 12/4

Place: Center School – Gym Fee: \$40.00

Instructors: Pat Jackson and Annie Delehanty

## Pillow Polo

Physical fitness, agility and coordination are the benefits from this team sport for grades K and 1. Rules of floor hockey are followed and “nerf” equipment is used. Please wear sneakers and bring a snack and a drink each week.

Day: Tuesday

Time: 3:30 - 4:30 p.m.

Dates: 10/14 – 12/16 (8 wks) – no class 11/4, 12/2

Place: Center School - Gym

Fee: \$40.00

Instructors: Pat Jackson and Annie Delehanty

## The Wizard's School of Magic

Students in grades K and 1 will learn five magic tricks from Tom O'Brien, a full-time professional magician, whose credits also include appearances on the Fox 61 Morning Show and WFSB's Better Connecticut. Tom O'Brien is a master at his craft and is a wonderful and entertaining teacher as well. All students will receive their own magic kits containing the props necessary to perform them at home, and a magic wand! Please register soon before the spaces – alakazam - disappear!

Instructor: Tom O'Brien

Fee: \$15.00 each

Abracadabra - Magic Workshop 1:

Thursday 10/16, 3:30 – 4:30 p.m. Center School Room

Hocus Pocus – Magic Workshop 2:

Thursday 10/30, 3:30 – 4:30 p.m. Center School Room

Presto – Magic Workshop 3:

Thursday 11/13, 3:30 – 4:30 p.m. Center School Room

## **Get into the Kitchen**

Children in grades K and 1 will enjoy making no cook and cooked foods, as well as hands on activities involving food and measurement. Recipes are duplicated in both the Monday and Tuesday classes, but do change each session. Both days meet in the Center School Pre-School Room, 3:30 – 4:30 p.m. Fee is \$48.00/session. Please make us aware of any food allergies or cultural restrictions when registering.

### Day: Monday

Session 1: 10/20, 10/27, 11/3, 11/10 (4 wks)

Session 2: 11/24, 12/1, 12/8, 12/15 (4 wks)

### Day: Tuesday

Session 1: 10/14, 10/21, 10/28, 11/11 (4 wks)

Session 2: 11/18, 11/25, 12/9, 12/16 (4 wks)

Instructor: Ann Salinger

## **New ~ Zumba Kids at Center School**

Zumba Kids is a perfect way to give children in grades K and 1 the opportunity to be active and jam out to their favorite music. Zumba Kids classes offer kid-friendly and fun routines that are based on original Zumba choreography, but modified to fit their needs. The steps are broken down, games are added, and other physical activities are conducted. Zumba Kids helps to develop healthy lifestyles for children and incorporates fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements such as leadership, respect, team work, confidence, self-esteem, memory, creativity, and coordination. Kids should wear comfortable clothes that are easy to move around in, with socks and sneakers. Having a water bottle is also suggested. Get ready to have some fun!!

Day: Thursday

Time: 3:30 - 4:30 p.m.

Dates: 11/13, 11/20, 12/11, 12/18 (4 wks)

Place: Center School Cafeteria

Instructor: Ariana Mesaros

Fee: \$40.00

## **Pre-Ballet**

This class will introduce boys and girls in kindergarten and grade 1 to age-appropriate beginning ballet exercises in an energetic, creative, and nurturing way. Students are introduced to the world of dance through exercises that enhance musicality, performance, coordination and begin learning the basic postures and positions of ballet.

Recommended attire: Girls- any color leotard, pink tights, pink ballet shoes. Hair must be pulled back. Boys- solid color t-shirt and shorts or sweatpants and black ballet shoes.

Day: Friday

Time: 3:30 – 4:30 p.m.

Dates: 10/17 – 12/19 (7 wks) - no class 10/31, 11/28, 12/5

Place: Center School Café

Fee: \$66.00

Instructor: Dolly Pinto

## **Quick Start Tennis**

Students in grades K and 1 will learn how to control a tennis ball with a racket and have fun in this beginning program taught by BHS Girls Coach Elaine Gregory. Balls are supplied, as well as racquets for anyone who does not have one. (If you have one at home, please bring it in.). Children should wear sneakers and bring a snack and drink.

Day: Wednesday

Time: 3:30 – 4:30 p.m.

Dates: 10/15 – 11/19 (6 wks)

Place: Center School Gym

Fee: \$66.00

Instructor: Elaine Gregory, BHS Girls Coach

## **Little Dragons**

Students in grades K - 1 will be introduced to martial arts and character development through weekly themes including: laser beam focus, 3 rules of concentration, 20 ways to respect your teacher, coordination, self-discipline, self-control, physical fitness and more. The basic martial arts skills taught will prepare students to break a board and test for their white belt after the course ends. The purchase of a uniform or T-Shirt to wear in class is optional and must be arranged by visiting Zandri's Martial Arts directly prior to the first class. Contact them at 775-7150.

Day: Thursday

Time: 3:30 – 4:00 p.m.

Dates: 10/9, 10/16, 10/23, 10/30 (4 wks)

Place: Center School Cafeteria

Instructor: Zandri's Martial Arts

Fee: \$28.00

## **Stretch & Glow Yoga I ages 6-10**

This class introduces more challenging yoga poses and yoga games in a playful and supportive atmosphere. We will focus on balance, coordination and flexibility as we practice holding poses for a longer period of time. Children will learn breathing exercises that can help them maintain focus and self-control during their busy school days. Class will end with massage and guided meditation for deep relaxation.

Day: Tuesday

Time: 4:45 – 5:45 p.m.

Dates: 10/14 – 12/2 (8 wks)

Fee: \$120.00

Place: SOUND, 31 Hawleyville Road, Newtown

Instructor Kaitlin Dunseith-Field

## **Drawing Mixed Media**

Paint, Draw & More! drawing classes teach young artists in grades K - 1 to draw what they see, to enhance their drawings with their own ideas and concepts, and to use different materials in creative ways. Students learn to draw in a non-competitive, creative and fun environment. This art program helps children build self-esteem through personal drawing success, and helps them develop an understanding of spatial and color relationships. We will use pencils, markers, watercolors, chalk and oil pastels, etc. to draw animals, still life, landscapes, and more. Drawing concepts like composition, shading and perspective will be taught. We use the highest quality materials we can to help our students obtain the best results for their efforts. For more information, visit [www.paintdrawmore.com](http://www.paintdrawmore.com)

Day: Thursday

Time: 3:30 – 4:30 p.m.

Session 1: 10/2, 10/9, 10/16, 10/23 (4 wks)

Session 2: 11/6, 11/13, 11/20, 12/11 (4 wks)

Place: Center School Room

Fee: \$69.00/session

## **Iddy, Biddy Basketball – Grade 1**

Children in first grade will practice the basic skills of basketball including dribbling and passing in a fun, non-competitive atmosphere. All children will receive an iddy biddy basketball T-shirt. Our referees serve as coaches, no parent coaches are needed at this level.

Day: Saturday

Time: 11:00 a.m. - 12:00 p.m.

Dates: 1/10 – 3/7 (8 wks) – no class 2/14

Place: Huckleberry Hill School– Upper Gym

Supervisor: Fern Smenyak

Fee: \$63.00